



SEPTEMBER | 28 | 29 | 2018 | PVA EXPO PRAGUE LETŇANY



EVLS PRAGUE AMATEUR 2018 - IFBB Pro Qualifier Athletes Information Package (Inspection report)

WEBSITE

<http://www.evlspraguepro.com/en/info/>

CONTACT INFORMATION

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info@evlsprague.com

WELCOME

EVLS PRAGUE SHOWDOWN WILL BE HELD PVA EXPO PRAGUE LETŇANY AT THE END OF SEPTEMBER.

This year you have the amazing opportunity to become a part of the Europe's grandest power, bodybuilding and fitness festival – become another official winner of EVLS Prague Amateur which will be held on the same weekend together with the traditional EVLS Prague Pro.

ANY athlete from ANY federation or WITHOUT federation membership is welcome to come and compete at the EVLS PRAGUE Amateur Pro Qualifier in Prague, Czech Republic this year.

Moreover, the FITNESS Expo complementing the exciting EVLS Prague Showdown will definitely be on during the entire weekend in PVA Expo Prague Letňany, and will be bigger and grander than all previous years! Upcoming EVLS Prague Showdown will be clearly the biggest in history and it will be equal to the world's most prestigious bodybuilding shows.

Everyone who will attend the contest or simply come to support their favorite athletes, will have an opportunity and option to visit the FITNESS Expo featuring various sports nutrition, natural performance enhancing supplements, as well as sporting equipment mainly focused on the field of bodybuilding and fitness.

LOCATION

The EVLS Prague Amateur will be held in Prague, the capital city of the Czech Republic. Prague, with 1.3 million residents, is often referred to as the „historical pearl of the Europe“ and is one of the most beautiful cities in the world with unique and unforgettable atmosphere.

You can find your accommodation for example through: booking.com, trivago.cz, hotelsprague.cz, hotely.cz etc.

WE ARE LOOKING FORWARD TO SEEING YOU IN PRAGUE SOON!

VENUE

<http://pvaexpo.cz/en/>

Beranovych 667, 199 00 Prague 9, Czech Republic

GPS Loc: 50 ° 7'41.662 "N, 14 ° 30'51.679" E

Prejudging & Finals of the EVLS Prague Amateur Pro Qualifier 2018 will be held in PVA Expo Prague Letňany together with EVLS Prague Pro and Fitness Expo 2018.

PVA EXPO PRAGUE in Letňany is the most modern and the largest exhibition center in Prague. This multi-purpose venue hosts not only trade fairs, but also exhibitions, conferences, sports events, concerts, theatrical performances or parties.

How to get there

The simplest and fastest way to get to the PVA Expo is by using The Prague Metro. To get to the PVA Expo use Metro Line C which is the red line and exit at the station called "Letňany" From this point the arena is only a few minutes walk.

IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the individual athletes.

Time difference:

Prague is in the Central European Time (CET) zone (GMT + 1 hour)

Currency:

The national currency in Czech Republic is Czech Koruna (CZK). Euro (EUR) mostly accepted All major credit cards are widely accepted at most hotels, department stores, restaurants.

Electric current:

230 V, 50 Hz. Plugs and sockets of type C and E.

Better to check at: <http://www.worldstandards.eu>

VISA:

Citizens of the EU as well as Iceland, Norway, Lichtenstein, and Switzerland don't need visa to enter the Czech Republic. Passport or ID is required only. Other countries citizens may need a visa. A uniform Schengen (short-stay) visa allows its holder to stay in the Schengen Area for the duration identified in the visa, which can be 90 days at most. It is issued for one entry, two entries or multiple entries and as an airport transit visa. Information available at:

https://www.mzv.cz/jnp/en/information_for_alien/general visa_information/index.html

An Official Letter of Invitation will be made available if required.

Please send us important information (athlete name, passport number, date of arrival and date of departure, the name of the hotel where you will stay in Prague) for Official Letter of Invitation as soon as possible, the deadline date is 29.6.2018.

Detailed information at:

https://www.mzv.cz/jnp/en/information_for aliens/short_stay_visa/list_of_states_whose_citizens_are_exempt/ind ex.html

Tanning/PRO TAN

Tanning is provided and serviced exclusively by ProTan USA. ProTan team will be available for all participating athletes just like to their pro colleagues. Complete tanning color application always together with posing oil application at time of prejudging, finals and superfinals including touch-up after prejudging will be available.

PRO TAN: Reservations & booking will be available on arrival during the registration or contact us via info@protanczech.cz

Make-up & hair service are under competitor's management!

The contest has banned all tans that can be wiped off!

GENERAL SCHEDULE

Registration /Accreditation/ and weigh-in

- start on Wednesday, 26. 9. 2018, all categories
- between **2:00 pm – 8:00 pm**,
- and on Thursday, 27. 9. 2018, all categories
- **between 10:00 am and 8:00 pm**,
- in PVA Expo Prague Letňany at main entry (according navigation).

EVLS Amateur Pro Qualifier 2018 Prejudging, Finals, Superfinals

- start on Friday, 28. 9. 2018,
- **at 9:00 am**,
- in PVA Expo Prague Letňany.

FITNESS Expo

- start on Friday, 28. 9. 2018,
- **at 9:00 am**,
- in PVA Expo Prague Letňany.

EVLS Prague Pro Showdown 2018

- Opening Ceremony on Saturday, 29. 9. 2018,
- **at 6:00 pm**,
- in PVA Expo Prague Letňany.

Banquet of EVLS Prague Amateur Pro Qualifier 2018 jointly with EVLS Prague Pro 2018 with all professionals

- shall take place on **Saturday, 29. 9. 2018**,
- **starting at 10.30 pm**,
- in PVA Expo Prague Letňany.

PRIZE MONEY

CATEGORIES:	1.	2.	3.
MEN'S BODYBUILDING OVERALL	500	200	200
MEN'S PHYSIQUE OVERALL	500	200	200
MEN'S CLASSIC PHYSIQUE OVERALL	500	200	200
WOMEN'S BIKINI OVERALL	500	200	200
FIGURE OVERALL	500	200	200
FITNESS OVERALL	500	200	200
WOMEN'S PHYSIQUE OVERALL	500	200	200
MEN'S BODYBUILDING			
Each category (up to 65kg, up to 70kg, up to 80 kg, up to 90 kg up to 102, kg over 102kg)	0	150	100
MEN'S PHYSIQUE			
Each category (up to 170 cm, up to 173, up to 175cm, up to 180cm, up to 183cm, over 183 cm)	0	150	100
WOMEN'S BIKINI			
Each category (up to 155 cm, up to 159 cm, up to 163, up to 166cm, up to 170 cm, over 170 cm)	0	150	100
WOMEN'S FIGURE			
Each category (up to 163, up to 168cm, over 168 cm)	0	150	100

TOTAL PRIZE MONEY : 12 000 USD!!!

SUPERFINALS AND PRO CARDS

Top 1 from each division:

- **MEN'S BODYBUILDING**
- **MEN'S PHYSIQUE**
- **MEN'S CLASSIC PHYSIQUE**
- **WOMEN'S BIKINI**
- **WOMEN'S FIGURE**
- **WOMEN'S PHYSIQUE**
- **WOMEN'S FITNESS**

The overall winners in each class will get an IFBB PRO LEAGUE PRO CARD and compete on Saturday alongside the PROs at the EVLS PRAGUE SHOWDOWN this year!

TICKETS

To obtain the best seating be sure to have your friends and family purchase their tickets in advance.

Please visit:

<http://www.evlspraguepro.com/en/info/homepage/tickets>

BANQUET TICKET(S)

will be available from September 29, 2018 directly at the event venue in the course of registration or via ticket sales points at EUR 20.00 per ticket, and EUR 15.00 per every other ticket purchased in a single transaction.

BACKSTAGE ACCES

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration.

REGISTRATION

Welcoming all Amateur Athletes to compete at and be a part of Europe Greatest Power Festival!

ANY athlete from ANY federation or WITHOUT federation membership is welcome to come and compete at the EVLS PRAGUE SHOWDOWN this year, should you become the OVERALL WINNER in your category, you then become an IFBB PRO LEAGUE ATHLETE which means you can now compete at any IFBB PRO LEAGUE competition around the world which gives you the opportunity to qualify for MR. OLYMPIA.

EVLS Prague Amateur Pro Qualifier is OPEN TO ALL COMPETITORS around the world, regardless of federation affiliation. No qualifications are necessary!

EVLS Prague Amateur Pro Qualifier will serve as an official pro qualifier for the IFBB Pro League.

The overall winners in each class will get an IFBB PRO LEAGUE PRO CARD and compete on Saturday alongside the PROs at the EVLS PRAGUE SHOWDOWN this year!

REGISTRATION INSTRUCTIONS AND FEES

Each athlete must pay the Registration fee ONLY for EVLS Prague Amateur Pro Qualifier.

This fee is non-refundable! Online Registration will be closing on MONDAY, SEPTEMBER 17, 2018 and will reopen at On-site Registration/Weigh-In. Note that on-site registration (register during the Weigh-In) will be charged an extra fee of EUR 30 per participant.

THIS YEAR YOU MUST PAY ONLY REGISTRATION FEE FOR THE COMPETITION EVLS Prague Amateur Pro Qualifier, REGISTRATION FEES FOR MEMBERSHIP WILL NOT BE CHARGED!!!

THE REGISTRATION FEES ARE AS FOLLOWS:

Online registration (Online register and payment):

- Categories awarded with the Pro Cards: 190 EUR per competitor,
- Junior and Master categories: 95 EUR per competitor,
- For juniors and masters wishing to compete in the second category the additional fee of 95 EUR will be charged,

On-site registration (register during the Weigh-In):

- If paying at the On-site Registration, an extra fee of EUR 30 per participant will be charged.

Backstage coach fee: 30 EUR per coach.

Backstage coach fee will be sold during On-site registration (register during Weigh-In) for 30 EUR.

**Create your Registration in
ONLINE ENTRY FORM:**

<http://www.evlspraguepro.com/en/info/homepage/registration>

Fees have to be paid to ACCOUNTS (you can choose):

Bank Account Nr. (CZK): 251468572/0300

Bank Account Nr. (EUR): IBAN: CZ51 0300 0000 0002 5194 2799

SWIFT/BIC: CEKOCZPP

Account name: EVLS Fitness, s.r.o.

VARIABLE SYMBOL: Date of birth of the competitor

NOTE FIELD: The Full Name of the competitor

IMPORTANT INFORMATION!!!:

Please add your Firstname and Lastname to the **NOTE FIELD** and Date of birth to the **VARIABLE SYMBOL FIELD** during online payment (for identification your payment) and bring a copy of your payment confirmation to the registration.

ALL ATHLETES MUST ATTEND THE REGISTRATION/WEIGH-IN!!! The official arrival days for the athletes are **Wednesday and Thursday, September 26 and September 27, 2018, respectively.**

Registration /Accreditation/ and weigh-in

- starts on Wednesday, 26. 9. 2018, all categories
- between **2.00 pm – 8.00 pm**,
- and on Thursday, 27. 9. 2018, all categories
- **between 10:00 am and 8:00 pm**,
- in PVA Expo Prague Letňany at main entry (according navigation).

In order to ensure a smooth registration/weigh-in, please bring the following:

1. Government Issued ID (for those competing in Junior, Masters),
2. The copy of your payment confirmation,
3. Your posing music (depend on category).

All posing music with 60 seconds for Men's bodybuilding, Women's Physique, Men's Classic Physique and 90 seconds for Women's fitness competitors must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music. It is your responsibility to verify your CD is working. If for any reason your CD does not play, the DJ will play music at his discretion.

It is a competitor's responsibility to comply with IFBB PRO Qualifier Rules and Regulations!!!

Please visit the IFBB PRO website for more information:

<http://www.ifbbpro.com/ifbb-pro-league-pro-qualifier-rules/>

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited **in the backstage and/or dressing room area and/or in any event** as except when used by authorized media representatives

CATEGORIES

CATEGORIES	
WOMEN'S CATEGORIES	
DIVISION	CATEGORY
WOMEN'S BIKINI	
Class A	Up to and including 5' 1" (155 cm)
Class B	Over 5' 1" and up to and including 5' 2 ½" (159 cm)
Class C	Over 5' 2 ½" and up to and including 5' 4" (163 cm)
Class D	Over 5' 4" and up to and including 5' 5 ½" (166 cm)
Class E	Over 5' 5 ½" and up to and including 5' 7" (170 cm)
Class F	Over 5' 7" (170 cm)
JUNIOR (16-23 yrs.)*	OPEN CLASS
MASTER (over 35 yrs.)*	OPEN CLASS
WOMEN'S FIGURE	
Class A	Up to and including 5' 4" (163 cm)
Class B	Over 5' 4" and up to and including 5' 6" (168 cm)
Class C	Over 5' 6" (168 cm)
FIGURE MASTER (over 35 yrs.)*	OPEN CLASS
WOMEN'S PHYSIQUE	
Class A	Up to and including 5' 4" (163 cm)
Class B	Over 5' 4" and up to and including 5' 6" (168 cm)
Class C	Over 5' 6" (168 cm)
WOMEN'S FITNESS	
Class A	Up to and including 5' 3" (160 cm)
Class B	Over 5' 3" (160 cm)
MEN'S CATEGORIES	
MEN'S BODYBUILDING	
Bantamweight	Up to and including 143 ¼ lbs (65 kg)
Lightweight	Over 143 ¼ lbs (65 kg) up to and including 154 ¼ lbs (70 kg)
Middleweight	Over 154 ¼ lbs (70 kg) up to and including 176 ¼ lbs (80 kg)
Light-Heavyweight	Over 176 ¼ lbs (80 kg) up to and including 198 ¼ lbs (90 kg)
Heavyweight	Over 198 ¼ lbs (90 kg) up to and including 225 ¼ lbs (102 kg)
Super Heavyweight	Over 225 ¼ lbs (102 kg)
JUNIOR (16-23 yrs.)*	OPEN CLASS
MASTER (over 35 yrs.)*	OPEN CLASS
MEN'S PHYSIQUE	
Class A	Up to & including 5' 7" (170 cm)
Class B	Over 5' 7" and up to and including 5' 8" (173 cm)
Class C	Over 5' 8" and up to and including 5' 9" (175 cm)
Class D	Over 5' 9" and up to and including 5' 11" (180 cm)
Class E	Over 5' 11" and up to and including 6' (183 cm)
Class F	Over 6' (183 cm)
JUNIOR (16-23 yrs.)*	OPEN CLASS
MEN'S CLASSIC PHYSIQUE	
Class A	up to and including 5' 7"/170 cm
Class B	over 5' 7", up to and including 5' 10"/178 cm
Class C	over 5' 10"/178 cm
JUNIOR (16-23 yrs.)*	OPEN CLASS
MASTER (over 35 yrs.)*	OPEN CLASS
NOTE: Athletes must make weight as indicated below (Maximum bodyweight limits)**	

IMPORTANT INFORMATIONS:

*Master/Junior Categories winner will be not eligible to apply for the IFBB Professional League Card.

Note: if less than 6 athletes in a class, classes will be combined, wherever possible.

**MEN'S CLASSIC PHYSIQUE – Maximum bodyweight limits	
Class "A", (up to and including 5' 7/170 cm) - must make weight as indicated below:	
Up to and including 5' 4" (163 cm)	Up to and including 160 lbs (73 kg)
Over 5'4", up to and incl 5' 5" (165 cm)	Up to and including 165 lbs (75 kg)
Over 5'5", up to and incl 5' 6" (168 cm)	Up to and including 170 lbs (77 kg)
Over 5'6", up to and incl 5' 7" (170 cm)	Up to and including 175 lbs (79 kg)
Class "B" (over 5' 7", up to and including 5' 10"/178 cm) - must make weight as indicated below:	
Over 5'7", up to and incl 5' 8" (173 cm)	Up to and including 182 lbs (83 kg)
Over 5'8", up to and incl 5' 9" (175 cm)	Up to and including 190 lbs (86 kg)
Over 5'9", up to and incl 5' 10" (178 cm)	Up to and including 197 lbs (89 kg)
Class "C" (over 5' 10"/178 cm) - must make weight as indicated below:	
Over 5'10", up to and incl 5'11" (180 cm)	Up to and including 205 lbs (93 kg)
Over 5'11", up to and incl 6'0" (183 cm)	Up to and including 212 lbs (96 kg)
Over 6' 0", up to and incl 6' 1" (185 cm)	Up to and including 220 lbs (100 kg)
Over 6' 1", up to and incl 6' 2" (188 cm)	Up to and including 230 lbs (104 kg)
Over 6' 2", up to and incl 6' 3" (191 cm)	Up to and including 237 lbs (108 kg)
Over 6' 3", up to and incl 6' 4" (193 cm)	Up to and including 245 lbs (111 kg)
Over 6' 4", up to and incl 6' 5" (196 cm)	Up to and including 252 lbs (114 kg)
Over 6' 5", up to and incl 6' 6" (198 cm)	Up to and including 260 lbs (118 kg)
Over 6' 6", up to and incl 6' 7" (201 cm)	Up to and including 267 lbs (121 kg)
Over 6' 7" (201 cm)	Up to and including 275 lbs (125 kg)

SCHEDULE

WEDNESDAY, SEP. 26 PVA EXPO PRAGUE LETŇANY

2:00 am – 8:00 pm **Registration of competitors**

THURSDAY SEP. 27, PVA EXPO PRAGUE LETŇANY

10:00 am – 8:00 pm **Registration of competitors**

FRIDAY, SEP. 28, PVA EXPO PRAGUE LETŇANY

9:00 am – 8:00 pm **Fitness Expo opens**

9:00 am **Prejudging and Finals, Superfinals**

Women's Bikini, Women's Figure, Women's Physique , Women's Fitness, Men's Bodybuilding, Men's Physique, Men's Classic Physique,

5:00 pm **Press Conference**

6:00 pm **Meet & Greet**

SATURDAY, SEP. 29, PVA EXPO PRAGUE LETŇANY

9:00 am - 6:00 pm **Fitness EXPO opens**

6:30 pm **EVLS PRAGUE SHOWDOWN 2018 Opening Ceremony**

7:00 pm **EVLS PRAGUE SHOWDOWN 2018**

Men's Open bodybuilding, Men's 212, Men's Physique, Women's Bikini

10:30 pm **Banquet**

More information about the event's organization, time-table and other contest details, please visit www.evlspragueshowdown.com for regular updates. Schedule change reserved.